


# Zeeland Public Schools

## Elementary Lunch Menu

### April 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Spring Break Week</b>	<b>LUNCH PRICES</b> <b>(Includes Milk)</b> \$2.40 <b>Adult Meal</b> \$3.70 <b>Milk Only</b> 50¢				<b>Salad Bar Available Daily:</b> Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Cucumber Optional Fruit Choice
	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Week 3</b>	<b>A.</b> Walking Tacos <b>B.</b> Bosco Stick, Cheese Stick & Marinara Sauce <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Carrot Sticks & Diced Pears	<b>A.</b> Mac & Cheese w/Mini Corn Dogs (3) <b>B.</b> Ham & Cheese on Flatout Wrap <b>C.</b> Yogurt, String Cheese, & Muffin  <b>Sides:</b> Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	<b>A.</b> Mini Waffles & Colby Cheese Omelet <b>B.</b> Chicken Leg & Cornbread Mini Loaf <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Fresh Red Peppers & Pineapple Tidbits	<b>A.</b> Crispy Chicken Tenders & Chocolate Muffin <b>B.</b> Cheeseburger on Bun <b>C.</b> Yogurt, String Cheese, & Tortilla Chips  <b>Sides:</b> French Fries & Diced Peaches	<b>A.</b> Pizza Sticks & Marinara <b>B.</b> Chicken Fajita <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Salsa, Corn & Fresh Apple
	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Week 1</b>	<b>A.</b> Breaded Chicken Patty on Bun <b>B.</b> Cheese Pizza <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Celery Sticks w/Ranch, Raisins, & Rice Krispie Treat	<b>A.</b> Corn Dog <b>B.</b> Cheese Ravioli in Spaghetti Sauce <b>C.</b> Yogurt, String Cheese, & Muffin  <b>Sides:</b> Corn Cob & Diced Peaches	<b>A.</b> Pepperoni Pizza <b>B.</b> Meatballs & Brown Gravy w/Twisted Breadstick <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Whipped Potatoes & Mandarin Oranges	<b>A.</b> Nachos Supreme (Meat, Chips, Lettuce, & Tomato) <b>B.</b> Turkey & Cheese on Bun <b>C.</b> Yogurt, String Cheese, & Tortilla Chips  <b>Sides:</b> Homemade Bean Salad & Fresh Apple	<b>A.</b> Scrambled Eggs & Cinnamon Roll <b>B.</b> Pepperoni Bosco & Popcorn Chicken <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Carrot Sticks & Diced Pears
	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Week 2</b>	<b>A.</b> Burrito & Taco Sauce <b>B.</b> Ham & Cheese on a Croissant <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Baked Beans & Peaches	<b>A.</b> Turkey Gravy, Roll, & Margarine <b>B.</b> Chicken Nuggets <b>C.</b> Yogurt, String Cheese, & Muffin  <b>Sides:</b> Whipped Potatoes & Applesauce	<b>A.</b> Blueberry Pancakes & Sausage Links <b>B.</b> Baked Mozzarella Cheese Sticks & Marinara <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Carrot Sticks & Pineapple Tidbits	<b>A.</b> Sloppy Joe on Bun <b>B.</b> Hot Dog on Bun <b>C.</b> Yogurt, String Cheese, & Tortilla Chips  <b>Sides:</b> Hashbrown Starz & Grapes	<b>A.</b> Pepperoni Pizza <b>B.</b> Chicken Fries & Cheddar Pretzel Bosco <b>C.</b> Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers  <b>Sides:</b> Green Beans & Fresh Orange

**Menu subject to change without notice:**

Please refer our website [www.zps.org/food-service](http://www.zps.org/food-service) in the event of a "snow day" or unplanned day off to review menu changes.

# Elementary Breakfast Menu

## April 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Spring Break Week</b>	<b><u>BREAKFAST PRICES</u></b>				
	<b>Elementary Meal (Includes Milk)</b> \$1.90 <b>Adult Meal</b> \$2.65 <b>Milk Only</b> 50¢				
					<b>Breakfast and Lunch must include a 1/2 cup fruit or vegetable to be a complete meal</b>
<b>Week 3</b>	10	11	12	13	14
	<b>A. Mini Bagel &amp; Strawberry Cream Cheese</b> <b>B. Cereal &amp; Teddy Grahams</b>  <b>Fruit Choice:</b> Diced Peaches	<b>A. Mini Pancake Wraps</b> <b>B. Cereal &amp; Nutrigrain Bar</b>  <b>Fruit Choice:</b> Mixed Fruit	<b>A. Mini Cinnamon French Toast &amp; Syrup</b> <b>B. Cereal &amp; Banana Muffin</b>  <b>Fruit Choice:</b> Fresh Orange	<b>A. Cherry Filled Frudel</b> <b>B. Cereal &amp; Graham Crackers</b>  <b>Fruit Choice:</b> Diced Pears	<b>A. French Toast Sticks &amp; Syrup</b> <b>B. Cereal &amp; Cheese Stick</b>  <b>Fruit Choice:</b> Applesauce
<b>Week 1</b>	17	18	19	20	21
	<b>A. Apple Frudel</b> <b>B. Cereal &amp; Graham Crackers</b>  <b>Fruit choice:</b> Diced Peaches	<b>A. French Toast Sticks</b> <b>B. Cereal &amp; String Cheese</b>  <b>Fruit choice:</b> Fresh Orange	<b>A. Mini Cinnamon Pull-Apart Rolls</b> <b>B. Cereal &amp; Teddy Grahams</b>  <b>Fruit choice:</b> Mixed Fruit	<b>A. Mini Blueberry Waffles &amp; Syrup</b> <b>B. Cereal &amp; Poptart</b>  <b>Fruit choice:</b> Diced Pears	<b>A. Pancake on a stick</b> <b>B. Cereal &amp; Nutrigrain Bar</b>  <b>Fruit choice:</b> Applesauce
<b>Week 2</b>	24	25	26	27	28
	<b>A. Maple Waffle &amp; Syrup</b> <b>B. Cereal &amp; Animal Crackers</b>  <b>Fruit choice:</b> Diced Pears	<b>A. Pancakes &amp; Syrup</b> <b>B. Cereal &amp; Blueberry Muffin</b>  <b>Fruit choice:</b> Diced Peaches	<b>A. Mini Cinnamon Pull-Apart Rolls</b> <b>B. Cereal &amp; Graham Crackers</b>  <b>Fruit choice:</b> Applesauce	<b>A. Blueberry Pancake on a stick</b> <b>B. Cereal &amp; Nutrigrain Bar</b>  <b>Fruit choice:</b> Banana	<b>A. Cinnamon Bagel-Ful Stick</b> <b>B. Cereal &amp; Cheese Stick</b>  <b>Fruit choice:</b> Mixed Fruit

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This institution is an equal opportunity provider.