

**Zeeland Elementary Schools
Lunch Menu
March 2018**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	VALUE LUNCH PRICES (Includes Milk) \$2.50 full pay \$0.40 reduced pay Adult Meal \$3.85 Milk Only 50¢ for all students	Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing		1 A. Nachos Supreme B. Turkey & Cheese on Croissant C. Soybutter & Jelly Sandwich Sides: Warm Fiesta Black Beans & Fresh Apple	2 Dr. Seuss's Birthday A. Green Eggs & Ham w/Cinnamon Roll B. Mlni Cheeseburger Sliders C. Yogurt, String Cheese, & Tortilla Chips Sides: Carrot Sticks & Diced Pears
Week 2	5 ½ Day No Lunch	6 A. Turkey Gravy, Roll, & Margarine B. Chicken Rings C. Yogurt, String Cheese, & Muffin Sides: Whipped Potatoes & Applesauce	7 A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich Sides: Carrot Sticks & Pineapple Tidbits	8 A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: Hashbrown Starz & Grapes	9 A. Pepperoni Pizza B. Chicken Fries & Cheddar Pretzel Bosco C. Soybutter & Jelly Sandwich Sides: Green Beans & Mixed Fruit
Week 3	12 A. Soft Shell Tacos B. Breaded Chicken Leg & Blueberry Mini Loaf C. Soybutter & Jelly Sandwich Sides: Cherry Tomatoes & Diced Pears	13 A. Mac & Cheese B. Ham & Cheese on Flatout Wrap C. Yogurt, String Cheese, & Muffin Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	14 A. French Toast Minis & Sausage Links w/ Syrup B. Corn Dog C. Soybutter & Jelly Sandwich Sides: Carrot Sticks & Pineapple Tidbits	15 A. Crispy Chicken Tenders & Chocolate Muffin B. Cheeseburger on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: French Fries & Diced Peaches	16 A. Pizza Sticks & Marinara B. Chicken Alfredo & Garlic Bread C. Soybutter & Jelly Sandwich Sides: Fresh Red Peppers & Applesauce
Week 1	19 A. Breaded Chicken Patty on Bun B. Pepperoni Pizza C. Yogurt, String Cheese, & Tortilla Chips Sides: Steamed Broccoli, Mandarin Oranges & SideKick Frozen Treat	20 A. Cheese Pizza B. Meatballs in Brown Gravy w/Twisted Breadstick C. Soybutter & Jelly Sandwich Sides: Whipped Potatoes & Mixed Fruit	21 A. Chicken Nuggets B. Cheese Omelet & Cinnamon Toast Cereal C. Yogurt, String Cheese, & Muffin Sides: Smile Potatoes & Diced Peaches	22 A. Nachos Supreme B. Turkey & Cheese on Croissant C. Soybutter & Jelly Sandwich Sides: Warm Fiesta Black Beans & Fresh Apple	23 A. Mini Corn Dogs B. Chicken Fajitas C. Yogurt, String Cheese, & Tortilla Chips Sides: Salsa, Carrot Sticks, & Diced Pears
Week 2	26 A. Burrito & Taco Sauce Packet B. Bosco Stick & Cheese Stick with Marinara Sauce C. Soybutter & Jelly Sandwich Sides: Baked Beans & Peaches	27 A. Turkey Gravy, Roll, & Margarine B. Chicken Rings C. Yogurt, String Cheese, & Muffin Sides: Whipped Potatoes & Applesauce	28 A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich Sides: Carrot Sticks & Pineapple Tidbits	29 A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: Hashbrown Starz & Grapes	Available Daily: Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Cucumber Slices Optional Fruit Choice

Menu subject to change without notice:

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Lunch accounts can be paid at school with cash or check or online at www.sendmoneytoschool.com

Free & Reduced Lunch Applications can be submitted online at www.lunchapp.com If you do not have access to the internet you can request a printed application from your school office.

Zeeland Elementary Schools
Breakfast Menu
March 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<u>BREAKFAST PRICES</u> Value Breakfast (Includes Milk) \$2.00 full pay \$0.30 reduced pay Adult Meal \$2.75			1	2
	A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches			
Week 2	5	6	7	8	9
	A. Maple Waffle & Syrup B. Cereal & Teddy Grahams Fruit choice: Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	A. Mini Cinnamon Pull-Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Fruit choice: Mixed Fruit
Week 3	12	13	14	15	16
	A. Ultimate Breakfast Round B. Cereal & Goldfish Giant Grahams Fruit Choice: Diced Peaches	A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fruit Choice: Raisins	A. Cherry Filled Frudel B. Cereal & Teddy Grahams Fruit Choice: Diced Pears	A. Apple Cinnamon Texas Toast B. Cereal & Cheese Stick Fruit Choice: Applesauce
Week 1	19	20	21	22	23
	A. Apple Frudel B. Cereal & WG Pop-tart Fruit choice: Mixed Fruit	A. Mini Cinnamon Pull-Apart Rolls B. Cereal & String Cheese Fruit choice: Pears	A. Bosco Breakfast Stick B. Cereal & Teddy Grahams Fruit choice: Pineapple	A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches
Week 2	26	27	28	29	
	A. Maple Waffle & Syrup B. Cereal & Teddy Grahams Fruit choice: Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	A. Mini Cinnamon Pull-Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	

This institution is an equal opportunity provider.

For online interactive Menus you may download "My School Menus" for free from your app store or google play. You can also use the online version from your pc at www.zps.org/food-service