

# Zeeland Elementary Schools

## February 2018 Lunch Menu


		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	<b>VALUE LUNCH PRICES</b> (Includes Milk) \$2.50 full pay \$0.40 reduced pay <b>Adult Meal</b> \$3.85 <b>Milk Only</b> 50¢ for all students				1 A. Crispy Chicken Tenders & Chocolate Muffin B. Cheeseburger on Bun C. Yogurt, String Cheese, & Tortilla Chips  Sides: French Fries & Diced Peaches	2 A. Pizza Sticks & Marinara B. Chicken Alfredo & Garlic Bread C. Soybutter & Jelly Sandwich  Sides: Corn & Fresh Apple
	5	6	7	8	9	
Week 1	<b>A.</b> Breaded Chicken Patty on Bun <b>B.</b> Pepperoni Pizza <b>C.</b> Yogurt, String Cheese, & Tortilla Chips  Sides: Steamed Broccoli & Mandarin Oranges	<b>A.</b> Cheese Pizza <b>B.</b> Meatballs in Brown Gravy w/Twisted Breadstick <b>C.</b> Soybutter & Jelly Sandwich  Sides: Whipped Potatoes & Mixed Fruit	<b>A.</b> Chicken Nuggets <b>B.</b> Cheese Omelet & Cinnamon Toast Cereal <b>C.</b> Yogurt, String Cheese, & Muffin  Sides: Smile Potatoes & Diced Peaches	<b>A.</b> Nachos Supreme <b>B.</b> Turkey & Cheese on Croissant <b>C.</b> Soybutter & Jelly Sandwich  Sides: Warm Fiesta Black Beans & Diced Pears	<b>½ Day No Lunch</b>	
	12	13	14	15	16	
Week 2	<b>A.</b> Chicken Noodle Soup & (4) Mini Corn Dogs <b>B.</b> Bosco Stick & Cheese Stick with Marinara Sauce <b>C.</b> Soybutter & Jelly Sandwich  Sides: Baked Beans & Peaches	<b>A.</b> Turkey Gravy, Roll, & Margarine <b>B.</b> Chicken Rings <b>C.</b> Yogurt, String Cheese, & Muffin  Sides: Whipped Potatoes & Applesauce	<b>A.</b> Blueberry Pancakes & Sausage Links <b>B.</b> Baked Mozzarella Cheese Sticks & Marinara <b>C.</b> Soybutter & Jelly Sandwich  Sides: Carrot Sticks, Pineapple Tidbits & Ice Cream Treat	<b>A.</b> Sloppy Joe on Bun <b>B.</b> Hot Dog on Bun <b>C.</b> Yogurt, String Cheese, & Tortilla Chips  Sides: Hashbrown Starz & Grapes	<b>A.</b> Pepperoni Pizza <b>B.</b> Chicken Fries & Cheddar Pretzel Bosco <b>C.</b> Soybutter & Jelly Sandwich  Sides: Green Beans & Mixed Fruit	
	19	20	21	22	23	
Week 3	<b>A.</b> Soft Shell Tacos <b>B.</b> Breaded Chicken Leg & Cornbread Loaf w/Honey <b>C.</b> Soybutter & Jelly Sandwich  Sides: Carrot Sticks & Diced Pears	<b>A.</b> Mac & Cheese <b>B.</b> Ham & Cheese on Flatout Wrap <b>C.</b> Yogurt, String Cheese, & Muffin  Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	<b>A.</b> French Toast Minis & Sausage Links w/ Syrup <b>B.</b> Corn Dog <b>C.</b> Soybutter & Jelly Sandwich  Sides: Cherry Tomatoes & Pineapple Tidbits	<b>A.</b> Crispy Chicken Tenders & Chocolate Muffin <b>B.</b> Cheeseburger on Bun <b>C.</b> Yogurt, String Cheese, & Tortilla Chips  Sides: French Fries & Diced Peaches	<b>A.</b> Pizza Sticks & Marinara <b>B.</b> Chicken Alfredo & Garlic Bread <b>C.</b> Soybutter & Jelly Sandwich  Sides: Fresh Red Peppers & Applesauce	
	26	27	28			
Week 1	<b>A.</b> Breaded Chicken Patty on Bun <b>B.</b> Pepperoni Pizza <b>C.</b> Yogurt, String Cheese, & Tortilla Chips  Sides: Steamed Broccoli & Mandarin Oranges	<b>A.</b> Cheese Pizza <b>B.</b> Meatballs in Brown Gravy w/Twisted Breadstick <b>C.</b> Soybutter & Jelly Sandwich  Sides: Whipped Potatoes & Mixed Fruit	<b>A.</b> Chicken Nuggets <b>B.</b> Cheese Omelet & Cinnamon Toast Cereal <b>C.</b> Yogurt, String Cheese, & Muffin  Sides: Smile Potatoes & Diced Peaches	<b>Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing</b>	<b>Available Daily:</b>  <b>Romaine Lettuce</b> <b>Tri Colored Peppers</b> <b>Carrots</b> <b>Tomatoes</b> <b>Celery</b> <b>Optional Fruit Choice</b>	

**Menu subject to change without notice:**

Please refer our website [www.zps.org/food-service](http://www.zps.org/food-service) in the event of a "snow day" or unplanned day off to review menu changes.

For online interactive Menus you may download "My School Menus" for free from your app store or google play. You can also use the online version from your pc at [www.zps.org/food-service](http://www.zps.org/food-service)

## Zeeland Elementary Schools February 2018 Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	<b><u>BREAKFAST PRICES</u></b> <b>Value Breakfast</b> <b>(Includes Milk)</b> <b>\$2.00 full pay</b> <b>\$0.30 reduced pay</b> <b>Adult Meal</b> <b>\$2.75</b>			1	2
				<b>A. Cherry Filled Frudel</b> <b>B. Cereal &amp; Teddy Grahams</b>  Fruit Choice: Diced Pears	<b>A. Apple Cinnamon Texas Toast</b> <b>B. Cereal &amp; Cheese Stick</b>  Fruit Choice: Applesauce
Week 1	5	6	7	8	9
	<b>A. Apple Frudel</b> <b>B. Cereal &amp; WG Pop-tart</b>  Fruit choice: Mixed Fruit	<b>A. Mini Cinnamon Pull-Apart Rolls</b> <b>B. Cereal &amp; String Cheese</b>  Fruit choice: Pears	<b>A. Bosco Breakfast Stick</b> <b>B. Cereal &amp; Teddy Grahams</b>  Fruit choice: Pineapple	<b>A. Mini Blueberry Waffles &amp; Syrup</b> <b>B. Cereal &amp; Goldfish Giant Grahams</b>  Fruit choice: Banana	<b>A. Pancake on a stick</b> <b>B. Cereal &amp; Nutrigrain Bar</b>  Fruit choice: Peaches
Week 2	12	13	14	15	16
	<b>A. Maple Waffle &amp; Syrup</b> <b>B. Cereal &amp; Teddy Grahams</b>  Fruit choice: Diced Pears	<b>A. Pancakes &amp; Syrup</b> <b>B. Cereal &amp; Blueberry Muffin</b>  Fruit choice: Diced Peaches	<b>A. Mini Cinnamon Pull-Apart Rolls</b> <b>B. Cereal &amp; WG Pop-tart</b>  Fruit choice: Applesauce	<b>A. Blueberry Pancake on a stick</b> <b>B. Cereal &amp; Nutrigrain Bar</b>  Fruit choice: Banana	<b>A. Cinnamon Bagel-Ful Stick</b> <b>B. Cereal &amp; Cheese Stick</b>  Fruit choice: Mixed Fruit
Week 3	19	20	21	22	23
	<b>A. Ultimate Breakfast Round</b> <b>B. Cereal &amp; Goldfish Giant Grahams</b>  Fruit Choice: Diced Peaches	<b>A. Mini Pancake Wraps</b> <b>B. Cereal &amp; Nutrigrain Bar</b>  Fruit Choice: Mixed Fruit	<b>A. Cinnamon Waffles &amp; Syrup</b> <b>B. Cereal &amp; Banana Muffin</b>  Fruit Choice: Raisins	<b>A. Cherry Filled Frudel</b> <b>B. Cereal &amp; Teddy Grahams</b>  Fruit Choice: Diced Pears	<b>A. Apple Cinnamon Texas Toast</b> <b>B. Cereal &amp; Cheese Stick</b>  Fruit Choice: Applesauce
Week 1	26	27	28		
	<b>A. Apple Frudel</b> <b>B. Cereal &amp; WG Pop-tart</b>  Fruit choice: Mixed Fruit	<b>A. Mini Cinnamon Pull-Apart Rolls</b> <b>B. Cereal &amp; String Cheese</b>  Fruit choice: Pears	<b>A. Bosco Breakfast Stick</b> <b>B. Cereal &amp; Teddy Grahams</b>  Fruit choice: Pineapple		

This institution is an equal opportunity provider.

**Lunch accounts can be paid at school with cash or check or online at [www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)**

Free & Reduced Lunch Applications can be submitted online at [www.lunchapp.com](http://www.lunchapp.com) If you do not have access to the internet you can request a printed application from your school office.