


Zeeland Elementary Schools

Lunch Menu

January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	VALUE LUNCH PRICES (Includes Milk) \$2.50 full pay \$0.40 reduced pay Adult Meal \$3.85 Milk Only 50¢ for all students		3 A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich Sides: Carrot Sticks & Pineapple Tidbits	4 A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: Hashbrown Starz & Applesauce Cup	5 A. Pepperoni Pizza B. Chicken Fries & Cheddar Pretzel Bosco C. Soybutter & Jelly Sandwich Sides: Baked Beans & Mixed Fruit
Week 3	8 A. Walking Tacos B. Breaded Chicken Leg & Cornbread Loaf w/Honey C. Soybutter & Jelly Sandwich Sides: Cherry Tomatoes & Diced Pears	9 A. Mac & Cheese B. Ham & Cheese on Flatout Wrap C. Yogurt, String Cheese, & Muffin Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	10 A. French Toast Minis & Sausage Links w/ Syrup B. Corn Dog C. Soybutter & Jelly Sandwich Sides: Fresh Red Peppers & Pineapple Tidbits	11 A. Crispy Chicken Tenders & Chocolate Muffin B. Cheeseburger on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: French Fries & Diced Peaches	12 A. Pizza Sticks & Marinara B. Chicken Alfredo & Garlic Bread C. Soybutter & Jelly Sandwich Sides: Corn & Fresh Apple
Week 1	15 A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Soybutter & Jelly Sandwich Sides: Steamed Broccoli & Mandarin Oranges	16 A. New Item: Roasted Chicken & Cornbread Loaf B. Cheese Omelet & Cinnamon Toast Cereal C. Yogurt, String Cheese, & Muffin Sides: Smile Potatoes & Diced Peaches	17 A. Pepperoni Pizza B. Meatballs in Brown Gravy w/Twisted Breadstick C. Soybutter & Jelly Sandwich Sides: Whipped Potatoes & Mixed Fruit	18 Edible Rex Fun Sack Lunch Day A. Turkey & Cheese on Croissant B. Soybutter & Jelly Sandwich C. Yogurt, String Cheese, & Tortilla Chips All Sacks Include: Carrot Sticks & Fresh Apple	19 A. Mini Corn Dogs B. Chicken Fajitas C. Soybutter & Jelly Sandwich Sides: Salsa, Warm Fiesta Black Beans & Diced Pears
Week 2	22 No School Records Day	23 A. Turkey Gravy, Roll, & Margarine B. Chicken Rings C. Yogurt, String Cheese, & Muffin Sides: Whipped Potatoes & Applesauce	24 A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich Sides: Carrot Sticks & Pineapple Tidbits	25 A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: Hashbrown Starz & Raisins	26 A. Pepperoni Pizza B. Chicken Fries & Cheddar Pretzel Bosco C. Soybutter & Jelly Sandwich Sides: Baked Beans & Mixed Fruit
Week 3	29 A. Soft Shell Tacos B. Breaded Chicken Leg & Cornbread Loaf w/Honey C. Soybutter & Jelly Sandwich Sides: Cherry Tomatoes & Diced Pears	30 A. Mac & Cheese B. Ham & Cheese on Flatout Wrap C. Yogurt, String Cheese, & Muffin Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	31 A. French Toast Minis & Sausage Links w/ Syrup B. Corn Dog C. Soybutter & Jelly Sandwich Sides: Fresh Red Peppers & Pineapple Tidbits		Available Daily: Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Fresh Broccoli Optional Fruit Choice

Menu subject to change without notice:

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Lunch accounts can be paid at school with cash or check or online at www.sendmoneytoschool.com

Free & Reduced Lunch Applications can be submitted online at www.lunchapp.com If you do not have access to the internet you can request a printed application from your school office.

Zeeland Elementary Schools Breakfast Menu January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	BREAKFAST PRICES Value Breakfast (Includes Milk) \$2.00 full pay \$0.30 reduced pay Adult Meal \$2.75		3 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	4 A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	5 A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Fruit choice: Mixed Fruit
Week 3	8 A. New Item: Ultimate Breakfast Round B. Cereal & Goldfish Giant Grahams Fruit Choice: Diced Peaches	9 A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	10 A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fruit Choice: Raisins	11 A. Cherry Filled Frudel B. Cereal & Teddy Grahams Fruit Choice: Diced Pears	12 A. New Item: Apple Cinnamon Texas Toast B. Cereal & Cheese Stick Fruit Choice: Applesauce
Week 1	15 A. Apple Frudel B. Cereal & WG Pop-tart Fruit choice: Mixed Fruit	16 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & String Cheese Fruit choice: Pears	17 A. Bosco Breakfast Stick B. Cereal & Teddy Grahams Fruit choice: Pineapple	18 A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	19 A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches
Week 2	22 No School Records Day	23 A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	24 A. Mini Cinnamon Pull-Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	25 A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	26 A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Fruit choice: Mixed Fruit
Week 3	29 A. New Item: Ultimate Breakfast Round B. Cereal & Goldfish Giant Grahams Fruit Choice: Diced Peaches	30 A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	31 A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fruit Choice: Raisins	Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing	

This institution is an equal opportunity provider.

For online interactive Menus you may download “My School Menus” for free from your app store or google play. You can also use the online version from your pc at www.zps.org/food-service