


**Zeeland Elementary Schools
Lunch Menu
December 2017**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	VALUE LUNCH PRICES (Includes Milk) \$2.50 full pay \$0.40 reduced pay Adult Meal \$3.85 Milk Only 50¢ for all students		Available Daily: Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Cucumber Optional Fruit Choice		1 A. Mini Corn Dogs B. Chicken Fajitas C. Soybutter & Jelly Sandwich Sides: Salsa, Carrot Sticks & Diced Pears
Week 2	4 A. Burrito & Taco Sauce B. Bosco Stick & Cheese Stick with Marinara Sauce C. Soybutter & Jelly Sandwich Sides: Baked Beans, Peaches, & Sidekick Frozen Dessert	5 A. Turkey Gravy, Roll, & Margarine B. Chicken Rings C. Yogurt, String Cheese, & Muffin Sides: Whipped Potatoes & Applesauce	6 A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich Sides: Carrot Sticks & Pineapple Tidbits	7 A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: Hashbrown Starz & Grapes	8 A. Pepperoni Pizza B. Chicken Fries & Cheddar Pretzel Bosco C. Soybutter & Jelly Sandwich Sides: Green Beans & Mixed Fruit
Week 3	11 A. Soft Shell Tacos B. Breaded Chicken Leg & Cornbread Loaf w/Honey C. Soybutter & Jelly Sandwich Sides: Cherry Tomatoes & Diced Pears	12 A. Mac & Cheese B. Ham & Cheese on Flatout Wrap C. Yogurt, String Cheese, & Muffin Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	13 A. French Toast Minis & Sausage Links w/ Syrup B. Corn Dog C. Soybutter & Jelly Sandwich Sides: Fresh Red Peppers & Pineapple Tidbits	14 A. Crispy Chicken Tenders & Chocolate Muffin B. Cheeseburger on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: French Fries & Diced Peaches	15 <p style="text-align: center;">½ Day No Lunch</p>
Week 1	18 A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Soybutter & Jelly Sandwich Sides: Steamed Broccoli & Mandarin Oranges	19 A. Pizza Sticks (2) & Marinara Sauce B. Cheese Omelet & Cinnamon Toast Cereal C. Yogurt, String Cheese, & Muffin Sides: Smile Potatoes & Diced Peaches	20 A. Pepperoni Pizza B. Meatballs in Brown Gravy w/Twisted Breadstick C. Soybutter & Jelly Sandwich Sides: Whipped Potatoes & Mixed Fruit	21 A. Nachos Supreme (Meat, Chips, Lettuce, & Tomato) B. Turkey & Cheese on Croissant C. Yogurt, String Cheese, & Tortilla Chips Sides: Warm Fiesta Black Beans & Fresh Apple	22 A. Christmas Tree Shaped Chicken Nuggets w/Roll B. Mini Cheeseburger Sliders C. Soybutter & Jelly Sandwich Sides: Carrot Sticks, Diced Pears & Chocolate Pudding


Menu subject to change without notice:

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Lunch accounts can be paid at school with cash or check or online at www.sendmoneytoschool.com

Free & Reduced Lunch Applications can be submitted online at www.lunchapp.com If you do not have access to the internet you can request a printed application from your school office.

Zeeland Elementary Schools
Breakfast Menu
December 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<u>BREAKFAST PRICES</u> Value Breakfast (Includes Milk) \$2.00 full pay \$0.30 reduced pay Adult Meal \$2.75		Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing		<div style="background-color: #d9ead3; text-align: right; padding: 2px;">1</div> A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches
Week 2	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">4</div> A. Maple Waffle & Syrup B. Cereal & Teddy Grahams Fruit choice: Diced Pears	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">5</div> A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">6</div> A. Mini Cinnamon Pull- Apart Rolls B. Cereal & WG Pop-tart Fruit choice: Applesauce	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">7</div> A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">8</div> A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Fruit choice: Mixed Fruit
Week 3	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">11</div> A. Mini Bagel & Strawberry Cream Cheese B. Cereal & Goldfish Giant Grahams Fruit Choice: Diced Peaches	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">12</div> A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">13</div> A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fruit Choice: Raisins	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">14</div> A. Cherry Filled Frudel B. Cereal & Teddy Grahams Fruit Choice: Diced Pears	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">15</div> A. French Toast Sticks & Syrup B. Cereal & Cheese Stick Fruit Choice: Applesauce
Week 1	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">18</div> A. Apple Frudel B. Cereal & WG Pop-tart Fruit choice: Mixed Fruit	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">19</div> A. Mini Cinnamon Pull- Apart Rolls B. Cereal & String Cheese Fruit choice: Pears	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">20</div> A. Bosco Breakfast Stick B. Cereal & Teddy Grahams Fruit choice: Pineapple	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">21</div> A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams Fruit choice: Banana	<div style="background-color: #d9ead3; text-align: right; padding: 2px;">22</div> A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Peaches

This institution is an equal opportunity provider.

For online interactive Menus you may download “My School Menus” for free from your app store or google play. You can also use the online version from your pc at www.zps.org/food-service